

BRIDGING WHOLE HEALTH

FALL 2025 NEWSLETTER

"TO SERVE AND LOVE ALL WITH COMPASSION"



A MISSION THAT CONTINUES TO GROW

Bridging Whole Health (BWH) was founded on a vision: to serve and love all with compassion. What began in 2022 with health screenings at the Coker Church Community Center has grown into a vital healthcare lifeline for San Antonio's uninsured and underserved.

In 2025, our impact is clear: hundreds of lives touched, dozens of partnerships strengthened, and a community united in the mission of healing.

IN THIS ISSUE

**A MISSION THAT
CONTINUES TO GROW**

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CONTINUES TO GROW**

**DATA THAT TELLS A STORY
(JAN 2023 - MAY 2025)**

**THE REALITY OF BARRIERS
TO CARE**

STORIES OF HOPE IN 2025

**PATIENT NAVIGATION: A
CRITICAL LIFELINE**

**LOOKING AHEAD: GOALS
FOR 2026**



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Data That Tells a Story (Jan 2023 – May 2025)

- 402 encounters provided
- 342 unduplicated patients served
- 5–10% received case management from BWH medical personnel and volunteers

Our volunteers provided:

- Referrals to primary care providers
- Orders for diagnostic mammograms and ultrasounds through the Wesley Nurses Program
- Prescription refills for chronic conditions
- Home visits for the critically ill or homebound
- Distribution of over-the-counter and prescription medications
- Follow-up calls and telehealth to ensure compliance with critical medical referrals

This hands-on, relationship-driven approach makes a life-saving difference for families with no other source of care.

From Pilot Clinics to a Sustainable Model

In Fall 2022, BWH began offering health screening and primary care services at Coker Church Community Center. Patient participation was inconsistent throughout 2023, but by the end of that year, our leadership recognized the need for a more effective strategy.

The solution came through partnership. Coker Methodist Church and the San Antonio Food Bank (SAFB) were already distributing food to hundreds of families weekly. By aligning our clinic schedule with food distribution days, we ensured consistent patient participation.

Since January 2024, BWH has held a monthly Thursday clinic alongside SAFB distributions, dramatically expanding our reach. In 2024 alone, Coker/SAFB distributed over 1 million pounds of food to 320–350 families each week — and BWH volunteers were there to provide health services to many of those same families.

DR. RODOLFO URBY WITH LOVING MOM AND CHILD



The Reality of Barriers to Care

One of our greatest challenges continues to be fear among recent immigrants. Asking patients about health insurance can trigger anxiety due to misconceptions about the U.S. “public charge” rule, which can affect immigration status.

Although the rule does not apply to most healthcare services, fear and confusion persist. As a result, many immigrants delay or avoid treatment, worsening conditions that could otherwise be managed early.

Uninsured families also face barriers from social determinants of health (SDOH): food insecurity, unstable housing, language barriers, and lack of transportation.



DR. RODOLFO URBY WITH YOUNG PATIENT

Stories of Hope in 2025

Compassionate Care for Mothers

We met young mothers in their eighth month of pregnancy with no prenatal care. Thanks to partnerships with local Pregnancy Centers, these mothers were referred to Obstetrical Clinics for continuity of care — a vital intervention for safe delivery.

Standing Beside a Mother with Breast Cancer

An uninsured mother of five in her late 40s came to us with a breast mass. Through CareLink assistance, she gained access to chemotherapy and surgery. She is now doing well, a living testimony of how BWH patient navigation saves lives.

Immigrant Patients with Chronic Illness

BWH volunteers cared for recent immigrants with uncontrolled diabetes, providing medications and direct referrals to primary care clinics, stabilizing health conditions that otherwise posed life-threatening risks.



VOLUNTEER WITH PATIENT

Patient Navigation: A Critical Lifeline

More than 95% of patients served in 2025 were uninsured. Patient navigation is now central to our mission. Our volunteers guide patients to:

- Affordable medications
- CareLink enrollment
- Specialty care and imaging
- Ongoing telehealth support

Patient navigation ensures that every patient receives not just care for today — but a pathway to continuity of care tomorrow.

Looking Ahead: Goals for 2026

As we plan for 2026, BWH is focused on:

1. **Hiring our first program coordinator** to expand capacity
2. **Increasing mental health referrals** in partnership with local providers
3. **Adding Friday and Saturday hours** to the Misión Salud Clinic schedule
4. **Developing a church-based health screening toolkit** for replication by other faith communities
5. **Strengthening coalitions with San Antonio safety-net providers** to ensure seamless continuity of care

COKER METHODIST CHURCH – SCOUT LODGE LOCATION)
MISIÓN SALUD CLINIC



How You Can Help

BWH is a 100% volunteer-driven organization. Every dollar given supports patient navigation, clinic operations, and critical medications.

♥ Donate Online:
www.bridgingwholehealth.org/make-a-donation

♥ Mail Donations To:
Bridging Whole Health, Inc.
11107 Wurzbach Rd. Suite 202
San Antonio, TX 78230

✨ With your support, we can continue to ensure that no one is left behind, and no one is left outside.



Volunteers Always Needed

Bridging Whole Health is powered entirely by the dedication of volunteers. From physicians and nurses to interpreters, case managers, students, and community members — every volunteer plays a vital role in delivering compassionate care.

We are especially seeking volunteers in the following areas:

- Medical Professionals – physicians, nurse practitioners, RNs, LVNs, PAs, medical assistants
- Patient Navigation & Case Management – assisting patients with referrals, appointments, and follow-up
- Community Support Volunteers – translation, hospitality, event support, administrative tasks
- Students – health professions students looking for service opportunities and mentorship

♥ Interested in volunteering?
Email us at info@bwhcares.org or call/text (210) 617-3061 to learn more.

